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*Strengthening the spirit.
Inspiring the mind.*

McT Alumni Spotlight

Tyler Flowers, McT Class of 2015



Growing up in Mobile, Alabama and graduating from McGill-Toolen Catholic High School, Tyler knew from a young age that he wanted to fight injustice and work in a place where all parties are equal in the eyes of the law – the courtroom. In pursuit of that goal, and while studying at the University of Alabama, he participated in internships with the Strickland Youth Center, the Southern

District of Alabama Federal Defendants, Inc., the United States District Court for the Southern District of Alabama, and the Mayor's Office for the City of Birmingham. Continuing his pursuit of the best advocacy training, Tyler was selected for the Cumberland School of Law National Trial Team in 2021.

During his time at Alabama he served as President of the National Pan-Hellenic Council, President of the Dean of Students Advisory Board, and a member of the Capstone Men and Women. Tyler earned his Juris Doctor from Cumberland School of Law, where he served as the President of the Student Bar Association. He was also Co-Chair of the Career Development Advisory Board, Founder of Cumberland's Council for Student Athlete Resiliency, and a member of the Black Law Student Association (BLSA).

During law school, Tyler was awarded the Daniel Austin Brewer Professionalism Award granted to a graduating law student who best exemplifies high standards of ethics and professionalism. He was also a member of Jason's Men's Honor Society, the oldest honor society for the top 40 collegiate senior men based on student leadership.

Tyler Flowers is a force to be reckoned with both inside and outside the courtroom. Tyler's unique combination of strategic thinking, aggressive advocacy, and unmatched charisma make him a natural in the courtroom. His smart, decisive arguments are the perfect complement to his warm and empathetic emotional appeal. His absolute determination to win and unparalleled devotion to each client's case makes him both a powerful litigator and a trusted advocate. No detail escapes his attention as he finds compelling narratives in his clients' stories worthy of being told.

Tyler practices in the areas of automobile and trucking accidents, premises liability, products liability, industrial accidents, medical malpractice, and fraud.

I caught up with Tyler after his return to Mobile and asked him a few questions.

1. What is your favorite memory of your time at McT?

My favorite memory of my time at McT is the pep rally we had my senior year. It was the last one for my classmates and I, and to see everyone dressed in black and experiencing that day with so many people that I've grown up with within the CYO organization was special.

2. Were there any particular faculty or staff member that made a significant impact on you?

Joseph Arensberg is someone who made a significant impact on me during my time at McT. When I first met him, he was "Coach Arensberg," someone who demanded hard work and discipline on the football field. Then I was lucky enough to have him as my Theology teacher, and he taught me how to apply that same hard work and discipline in my faith. His teachings have continued to impact me to this day.

3. What advice would you give students considering a career in law?

I would encourage students considering a career in law to begin pushing themselves both academically, but more importantly and as an individual. The study of law can be rigorous and it's important to create good habits by taking difficult classes and developing the analytical thinking skills necessary for success on the LSAT, in law school, and as a lawyer. But that's not all the law is. The law is also built on challenging conversations and learning how to navigate outside of your comfort zone, which is something that can be worked on both inside, and outside of the classroom.

4. Did your Catholic Faith influence you in your decision to study and practice law? If so, how?

My Catholic Faith absolutely influenced my decision to become a lawyer. My time at McT has taught me that Catholicism at its core is about strengthening our faith by doing the little things and being advocates for our brothers and sisters when they need it the most. In my experience so far, that is exactly what the practice of law has been for me, and it is truly a blessing.

5. What's next for you, now that you have returned to Mobile?

It's hard to say what's next for me in the future. It's been good to be back with my family and this city has grown so much since I graduated from McT. So, for right now, my plan is to continue helping people with this job I'm blessed to have, and to do my part in helping the city of Mobile continue to grow whenever I get the chance!